

# WELCOME TO GOOSEBOWL 2023!

Thank you for coming to what should be another amazing Goosebowl weekend!

The Goosebowl Ultimate Tournament is a prestigious event organized by Kingston Ultimate returning in full force for Fall 2023.

We are thrilled to host you in Kingston this year! Good luck to all players and teams and thank you for your support!



## STAY IN TOUCH



**WEBSITE:** [www.goosebowl.com](http://www.goosebowl.com)



**FACEBOOK:**

[www.facebook.com/goosebowlkingston](https://www.facebook.com/goosebowlkingston)

**INSTAGRAM:**



@Kingstonultimate  
#goosebowl2023



**QUESTIONS?** Email  
[goosebowl@gmail.com](mailto:goosebowl@gmail.com)

## GOOSEBOWL AT A GLANCE:

Want to know what's happening this weekend? Take a look at the recap below and find further explanation and details of all events in the next few pages of the handbook.

### SATURDAY:

9:00am -4:20pm: Tournament Play

9:00pm - Late: Tournament Costume Party at the Queen's Grad Club

<https://www.thegradclub.ca/>

### SUNDAY:

9:00am - 3:00pm: Tournament Play



## FIELD LOCATIONS:

Goosebowl 2023 will take place on October 28<sup>th</sup> and 29<sup>th</sup> over at Queen's West campus.

Please see included maps for field, food, Disc Central (#1 and #2), and washroom locations.

## WEATHER:

Since Goosebowl is so late in the season, we will be playing rain or shine! (Let's hope for sun though!) In the event of lightning, teams must immediately take shelter. Play will not resume until the lightning has passed (30/30 rule).

In the event of severe weather delays, updates will be made via twitter and texts to your team captain.

## Tournament Directors:

Derek Sigurdson will be the main TD this year and will be available to provide information to players and teams about game/field locations, scheduling, and other general information. If you have any questions or concerns, you will be able to find him at Disc Central #1 or you can text the number below:

Derek Sigurdson: 613-572-0925

If you can't get a hold of Derek, you can text Joel at 613-929-6797

Or message the Goosebowl 2023 Whatsapp group

## FOOD & DRINKS:

Field food and water will be provided both days of the tournament at Disc Central #1 (North Fields) and at Disc Central #2 (South Fields).

**Goodies include:**

**Halloween candy**

**Apples and bananas**

**Coffee & Hot Chocolate with Toppings!!**

**We know this is a crowd favourite. We encourage you to bring your own mug but will have cups on hand if needed.**

Water - Please bring full water bottles to start the day. We will have water at the fields and there is also a water bottle filling station at the washrooms, so you can top off as needed.

## How to Record Your Scores:

Captains, please post your score onto the Goosebowl 2023 Whatsapp group.

as soon as your game is over.

## Tournament Prizes:

- A prize for the winning in Pool A!
- Best Team Playing Costume!



## TOURNAMENT RULES:

Teams are encouraged to have a theme costume to play in for Saturday and Sunday (party costume need not be the same as the team uniform)

USA Ultimate, 2022-2023 Edition Rules in effect

Games will be played with WFDF Mixed Gender Ratio Rule A.

Brick length determined based on field size and will be marked with spray paint for grass fields. For turf fields the brick mark will be the 35-yard line.

Foot blocks are not allowed.

Games to 15 points, (no win by 2).

Games are 80 minutes.

A 3 minute half time break will occur when one team reaches 8 points or the 40 minute score +1.

A cowbell will signal the 40 minute mark. Finish the current point in progress and add 1 to the highest score. That's the new target score to end the half.

A double horn will announce the Hard Cap (no soft cap). When it is sounded, finish the current point in progress and the game is over and the leading team wins. If the game is tied, play one more point.

One timeout per half, no floater, each timeout lasts 60 seconds.

No timeouts in the last 5 minutes of play.



## SATURDAY NIGHT PARTY!

While you might enjoy playing, the highlight of Goosebowl is the fun you have afterwards!

The Saturday night party will be at Queen's grad club (162 Barrie Street). It's Halloween themed so dress the part! Doors open at 9pm and we have a DJ spinning tunes all night long!

Come between 9-10pm and have the chance to play 'Roll the Dice' and win! Roll a 6 to get a pint or a 12 for an entire pitcher!

There will also be a slideshow of all the layouts, costumes, and highlights taken by our wonderful photographers.

## DRESS TO IMPRESS!

We will be giving out prizes for:

- Best Individual Costume
- Best Pair Costume
- Best Group Costume

## PHOTOS!

This year, in addition to our team of roving photographers, we encourage folks to take pictures throughout the day and share on Insta with #goosebowl2023 & we'll take care of the rest. Thanks & good luck!





## FIRST AID

Due to our proximity to two major hospitals, we won't have on site first aid. However, we have outfitted each Disc Central with a first aid kit and ice. In case of an injury, please follow the appropriate steps below:

### **MINOR INJURY**

Use first aid supplies and ice as needed.

### **MAJOR INJURY**

Use first aid supplies and ice as needed.

Inform the tournament organizer at your field site (in person, phone or text) of the nature of the injury/care required; please include team name, player name, nature of injury, plan for follow-up care if required: Non-life-threatening injury or illness, including cuts, sprains, eye injuries, broken bones or any injury that requires immediate attention.

#### HOTEL DIEU HOSPITAL

HOURS: 8:00 a.m. to 8:00 p.m.

LOCATION: 166 Brock Street, Kingston ON

PHONE: 613-544-3310

### **MAJOR INJURY - EMERGENCY**

Contact 911 and request ambulance to field site.

Do NOT move anyone with a suspected head or spinal injury.

Inform the tournament organizer at your field site (in person, phone or text) of the nature of the injury/care required; please include team name, player name, nature of injury, plan for follow-up care.

KINGSTON GENERAL HOSPITAL (KGH): Trauma centre for patients who are seriously ill or have suffered major trauma or medical emergency.

HOURS: 24 hours

LOCATION: 76 Stuart Street, Kingston ON

PHONE: 613-548-2333

# PLAYING SCHEDULE

Pool A (Comp)		Pool B (Rec)		Pool C (Rec)	
A1	Dinner @ 4	B1	Ninny Muggins	C1	Breakfast Club
A2	Crunk	B2	Sofakingstoners	C2	Monster
A3	Villains Strike Deep	B3	Poached Eggs	C3	Huckin' Irish
A4	Elder	B4	The Gong Show	C4	Dream Team Frisbee
A5	PaperShip				
A6	Bamboozle				

Updated results/rankings will be updated throughout the day and can be viewed with the link below

[Goosebowl 2023 Schedule and Results](#)

## SATURDAY

	South grass		North grass		Mik-Mak	
Saturday, Oct. 28	Field#1	Field#2	Field#3	Field#4	Field#5	Field#6
9am - 10:20am	B1 v B4	B2 v B3	A1 v A5	A2 v A4	A3 v A6	
10:30am - 11:50am	B1 v B2	B3 v B4	A1 v A4	A2 v A6	A3 v A5	
Noon - 1:20pm	B1 v B3	B2 v B4	A1 v A2	A3 v A4	C1 v C4	C2 v C3
1:30pm - 2:50pm	A5 v A6		C1 v C2	C3 v C4		
3pm - 4:20pm			C1 v C3	C2 v C4		

Comp division plays round robin (5 games) then re-ranks and plays finals. \*If teams want to play for Bronze there is a slot available.

Rec has 2 pools of 4. Teams are re-ranked after pool play. Sunday there are quarters & semis for all teams and finals for the top 2.

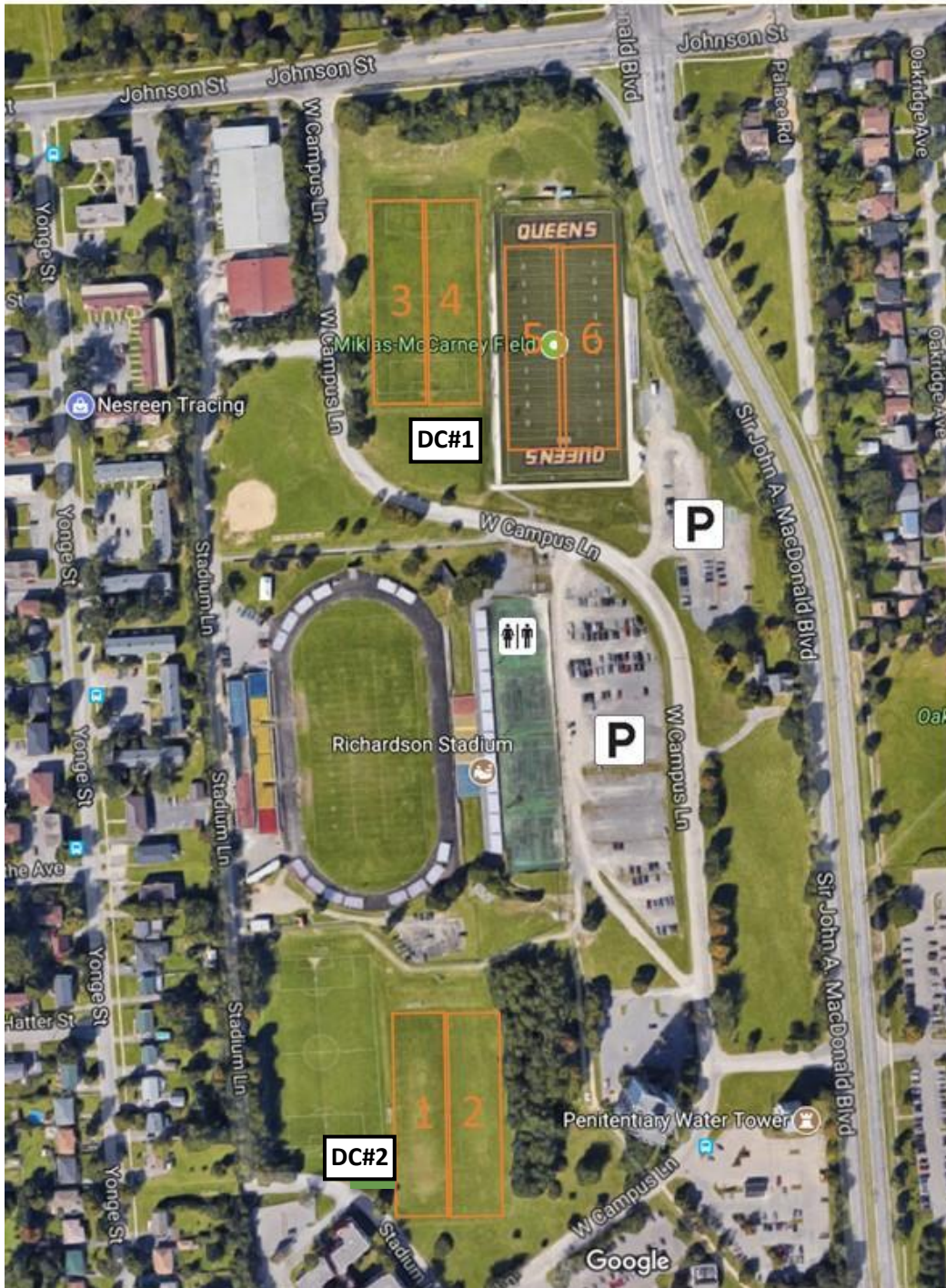
## SUNDAY

	South grass		North grass		Mik-Mak	
	Field#1	Field#2	Field#3	Field#4	Field#5	Field#6
Sunday, Oct. 29	Championship		Rec / Placement			
9am - 10:20am	A4 v A5		a: 1B v 4C	b: 1C v 4B	c: 2B v 3C	d: 2C v 3B
10:30am - 11:50am	A1 v A6	A2 v A3	e: Wa v Wd	f: Wb v Wc	g: La v Ld	h: Lb v Lc
12:10pm - 1:30pm	A1 v A3	A4 v A6	A2 v A5	i: We v Wf		
1:40pm - 3pm	1A v 2A	* 3A v 4A				



# FIELD MAP

## West campus fields



# A Huge Thank you to our Sponsors!

Without their support, Goosebowl wouldn't be the success that it is!



The Mackinnon Brothers Brewing Company (<https://www.mackinnonbrewing.com/>) is the official beer sponsor of Goosebowl 2022! Located on a family farm just outside of Kingston, ON, they use the hops, wheat and barley grown right on their farm to brew beer that is embolden with the unique character of rural Canada. The character and history of this place shines through each and every glass. Thank-you to MacKinnon for donating the best and most thirst-quenching tournament prizes ever!!

Thanks to



for hosting such an awesome party!



Website: [kingstonsoundworks.com](http://kingstonsoundworks.com)

Phone Number: 613-344-0300



[Trailhead Kingston](#) is an important business and member of the Kingston community. They strive to provide the best value products and services to the outdoor community while operating under sound environmental ethics. Thank-you for letting us borrow your tent every year... it's a crucial piece of equipment on a Goosebowl weekend!



Thanks to everyone who has made Goosebowl  
2023 possible!